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## LOVE WILL (NOT) KEEP US TOGETHER

METRO TAKES A LOOK BACK AT WHICH CELEBRITY COUPLES' MARRIAGES HELD UP — AND WHICH ONES FELL APART — IN 2014 PAGE 13

## The Metro effect

Despite coming from a low-income background, Amina Danlami considers herself happy — and after reading her story, our readers responded in an attempt to help the Grade 8 student and make her Christmas wish come true PAGE 3

## 'Everyone there was trampling on each other'

As rescue efforts in the Adriatic Sea wrap up, survivors describe scenes of panic aboard burning ferry where at least 10 died PAGE 8

NEWS WORTH SHARING.

## CANADA'S JUNIORS FINISH OFF THE FINNS

**Team Canada's Sam Reinhart, centre, is congratulated by teammates Anthony Duclair, left, and Max Domi after scoting against Team Finland during the first period in their preliminary round hockey game at the IIHF World Junior Championship Monday in Montreal. Canada won 4-1. Story, page 20.**

PAUL CHIASSON/THE CANADIAN PRESS

# Want to buy my Cosby tickets?

**Hamilton, Kitchener shows.** Passes given as Christmas gifts tough to unload in wake of sex-assault allegations

ROSEMARY WESTWOOD
rosemary.westwood@metronews.ca

It's a Christmas present gone terribly wrong.

Some who thought they were giving loved ones the chance to see a comedy legend say they have instead gifted the chance to see a fallen star mired by dozens of rape allegations.

Tickets for Bill Cosby's upcoming shows in Kitchener and Hamilton are re-selling online for more than half-off in the days after Christmas.

"I bought (the tickets) for my parents, and I knew as soon as the information came out that they wouldn't want to go," said Stacey Barletta.

She posted her tickets to the Hamilton show on Kijiji, hoping to get $150 for the pair. But, with no bites so far, she's willing to lower her price.

Others have posted tickets online for as low as $15 each in venues where $72 was the lowest advertised price.

Stacey Rodwell is offering a pair of tickets for $80. They originally cost $82 each.

The tickets she bought for the Jan. 9 show in Hamilton were also a gift for her parents, who called a few days after Christmas to say they didn't want to go.

"It was hard for them to tell me," she said, adding, "They're really angry with him."

Her parents felt badly she'd spent the money, but told her they were "disgusted with what he did" and didn't want to support him, Rodwell said.

"One hundred per cent the show should be cancelled," Barletta said. "It's affected double the set of people: People who are out gifts, and people in an awkward position who have been given those gifts and have to say thank you, but no thank you."

Some U.S. venues cancelled shows after at least 15 women accused Cosby of sexual assault.

But ticket holders in Ontario are on the hook after venues announced they would not cancel events due to contractual obligations with the tour promoter.

Violating the contract would force the venues to pay "a costly figure," said Ike Richman, a spokesman for Global Spectrum, which operates Hamilton Place and London's Budweiser Gardens, where Cosby will perform Jan. 8.

Despite pages of ads for Bill Cosby tickets on resale sites such as Kijiji, Richman said the Hamilton and London venues are still selling tickets.

"The question is, who are they selling the tickets to?" said Barletta. "They may not be fans of Bill Cosby. They could be people who want to make a statement, bring signs, throw tomatoes."

Barletta said she's "not in a financial position to swallow that (ticket) money."

"Am I pissed at Bill Cosby? Absolutely. Am I pissed at Hamilton Place? Absolutely," she said.

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NEWS

Skipping the line

## Tory leaves the levee behind in favour of outdoor skating party

Mayor John Tory will hold a family skating party on New Year's Day instead of a formal meet-and-greet levee, modifying a Toronto tradition that dates back to 1968.

Tory's skating event will run from 2 p.m. to 3:30 p.m. at Nathan Phillips Square. There will be a "family-friendly DJ," hot chocolate, apple cider, coffee and tea.

Tory will move between the outdoor rink and the city hall lobby, where he will mingle with people who don't feel like braving the ice. He has eliminated the traditional levee receiving line.

"That's the only distinction, other than adding the more family-friendly event. Which we really wanted to do and the mayor wanted to do, personally," said spokeswoman Amanda Galbraith. "He's a grandfather."

The standard levee was a sedate affair in which residents stood in line in the lobby for a handshake and photo with the mayor and city councillors. The levee drew several hundred people every year under Tory's predecessor, Rob Ford.

Ford considered replacing the levee with a skate in 2013 but eventually decided against the idea.

Lt.-Gov. Elizabeth Dowdeswell will host a levee of her own at Queen's Park from noon to 2 p.m. on Jan. 1.

TORSTAR NEWS SERVICE

Amina Danlami, 13, at her Scarborough school last week. DAVID VAN DYKE/METRO

# Generous readers rush to Amina's aid

**The Metro Effect.** Story about girl's resilience in face of poverty inspires others to take action

GILBERT NGABO
gilbert.ngabo@metronews.ca

Amina Danlami is far from a stereotype. Despite coming from a low-income background, the Grade 8 student excels in school and considers herself a happy child.

Her story, published on Dec. 24, moved Metro readers to action.

Andrew Au, a Canadian Tire employee, says he gives at least $5,000 each year to different charities in Toronto. He called Metro after reading about Amina.

"I've always just been giving money away and I don't know where that money goes or who is benefiting from it," said Au. "This time around I'd like to see if maybe I could offer some advice, maybe to see where things are going wrong for them."

Other readers offered to help pay for Amina's Christmas wish: dinner at a McDonald's restaurant.

A recent report shows that as many as 29 per cent of Toronto's children — that's about 146,000 of them — live in poverty.

Reaction

**"It is amazing to see this generosity and outpouring of support from the community."**

Sapna Goel, editorial director at Free the Children

To charitable folk like Au, there's an appreciation in knowing where the donation ends up.

"I would like to find out what the real issue is and offer some long-term kind of help," Au said. "I can put them in a better place for like one year so they don't have to worry about where they live. And maybe that's enough for her mother to get work or better education or whatever can help them."

Sapna Goel is the editorial director at Free the Children, the charity that connected Metro with Amina. She said that telling one person's story helps create a better understanding of social challenges.

"So often we get caught up with statistics, but behind each number there is a face and a story that has the power to change our perspective," she said.

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# Labour puts on friendlier face in effort to woo youth, women

**'We need to catch up.'** Fairness Works campaign gives unions massive PR makeover

LUKE SIMCOE
luke.simcoe@metronews.ca

Hey, hey! Ho, ho! These tired slogans have got to go.

After years of losing the public relations war, Canada's labour movement is in the midst of a rebranding exercise. Gone is the militant rhetoric of days past, replaced by a lighter tone telling the country's middle class that what's good for unions is good for them, too.

"The labour movement has been around for a long time, and for the most part, it's steeped in its own history," said Hassan Yussuff, who was elected president of the Canadian Labour Congress in May on a platform of modernizing its message. "We always accepted that the public knows what we do and that we don't have to tell our story any differently.

"But everything's changed," he said. "And we need to catch up."

A quick glance at ads that have hit everything from Toronto media outlets to subway stations and bus shelters helps paint the new image Yussuff and others are trying to portray.

The Labour Congress has launched the third iteration of its Fairness Works campaign, the most ambitious public-relations play in the organization's 58-year history.

Designed by the award-winning TAXI ad agency in Montreal, the multimedia campaign reminds Canadians of past labour victories — everything from maternity leave to the 40-hour work week — while also highlighting present struggles like youth unemployment and pension reform.

In many cases, it uses young, smiling faces and atypical imagery — like teddy bears and Band-Aids — to help get the messages across.

Mariam Abou-Dib, Yussuff's executive assistant, was instrumental in planning the Fairness Works campaign, and says it's about combating efforts by conservative groups to vilify unions.

"You've got a well-fed machine pumping misinformation into the Canadian psyche, which makes it more difficult for workers to fight for their own interests," she said. "We need to fight this idea that a small tax cut — a few extra bucks in your pocket — will benefit people more than an expanded health-care system or more affordable child care."

Abou-Dib said the nuts and bolts of the campaign were planned out to reach workers who could most benefit from organizing. For example, the Labour Congress opted out of traditional print outlets in favour of spots in Chatelaine and BuzzFeed — a bid to reach women and youth, respectively.

Even the campaign's logo, a white Popsicle bearing various slogans, was planned to avoid invoking the symbolism of picket signs or placards.

"Most of what the public knows about us is when we go on strike," Yussuff said. "But the truth is that 99 per cent of collective agreements are settled without strikes or lockouts."

It's too early to gauge how successful the Fairness Works campaign has been, but Yussuff said the anecdotal response has been positive, both from the public and CLC members.

"Our members who watch the ads say it makes them proud to be part of the labour movement," he said. "They're saying that for the first time, they feel like they can talk to their friends about unions."

As head of the Canadian Labour Congress, Hassan Yussuff holds the highest position in Canada's labour movement. THE CANADIAN PRESS FILE

A man peruses a Fairness Works ad at Eglinton Station. The ads, like this one using bandages to draw people into the idea of better health-care coverage, are part of a series aimed at rebranding Canada's labour movement. COURTESY CANADIAN LABOUR CONGRESS

**Quoted**

**"We need to fight this idea that a small tax cut — a few extra bucks in your pocket — will benefit people more than an expanded health-care system or more affordable child care."**

Mariam Abou-Dib, executive assistant to the president of the Canadian Labour Congress, and one of the planners of the Fairness Works campaign

**'A new model in organizing'**

## *Cultivating 'union-curious' workers*

Roxanne Dubois, a youth worker liaison at Unifor, applauds the Fairness Works campaign, but said revitalizing the country's labour movement is about more than branding.

"At Unifor, we're putting together programs that allow people who can't organize in the traditional sense be able to join a union," she said.

"That's more than messaging, it's ground support."

The collapse of Canada's manufacturing sector, coupled with stricter laws around organizing, has reshaped the country's labour movement.

Although now dominated by public sector workers, Dubois believes there's an opportunity to diversify the ranks by reaching out to workers in sectors that were previously considered off-limits.

For example, Unite Here, an upstart union formed through a merger in 2004, has organized workers in the hospitality, food service and textile industries, areas where employees are often women or visible minorities.

And as a generation of younger workers stare down double-digit youth unemployment numbers, Dubois believes many of them may see the wisdom in collective action.

"People are realizing that the current economy and its impact on jobs is not something that's normal," she said. "It's only a matter of time before they start looking for ways to make things better."

And when they do, Dubois says Unifor will be there. The mega-union, formed in 2013 as a merger of the Canadian Auto Workers and Communications, Energy and Paperworkers unions, has recently started a community chapter program aimed at union-curious workers.

Participants receive training and education, and get access to discounted rates for health and auto insurance. Members pay dues, but all of the money is retained by the chapter and used to advance whatever plan of action they feel would most benefit them.

Success stories include the Canadian Freelance Union, a group of 400 freelance media workers, as well as Unifaith, which has organized some ministers within the United Church.

Dubois describes the program as "a springboard towards future organizing."

"We're developing a new model in organizing and that's something we need to do in the labour movement," she said. "Hopefully it will result in more people turning to unions." LUKE SIMCOE/METRO

Roxanne Dubois is working with Unifor to get more young people involved in the labour movement. CONTRIBUTED

# Positive spin on road signs

**Commute.** Drivers are appreciating messages such as 'life is precious' along the Gardiner, Don Valley Parkway and Lake Shore, official says

The message is a matter of life and death. But, as one motorist put it, the tone is warm rather than bossy or scary.

Most drivers are accustomed to seeing traffic and public safety messages on the 18 programmable LED signs located on the Don Valley Parkway, Gardiner Expressway and Lake Shore Boulevard.

Commuters look to them for information on just how tough the drive to work or home will be.

But this fall, the public safety messages usually posted in the off-peak when traffic is less of an issue have taken on a little more character.

"Now, if people are driving down the same road, they don't see the same message every day," said Rajnath Bissessar, the intelligent transportation systems operations manager.

Added to the mix lately are messages such as: "Someone loves you, drive safe"; "Leave sooner, drive slower, live longer"; "Your life matters, don't speed"; and "Be cautious, life is precious."

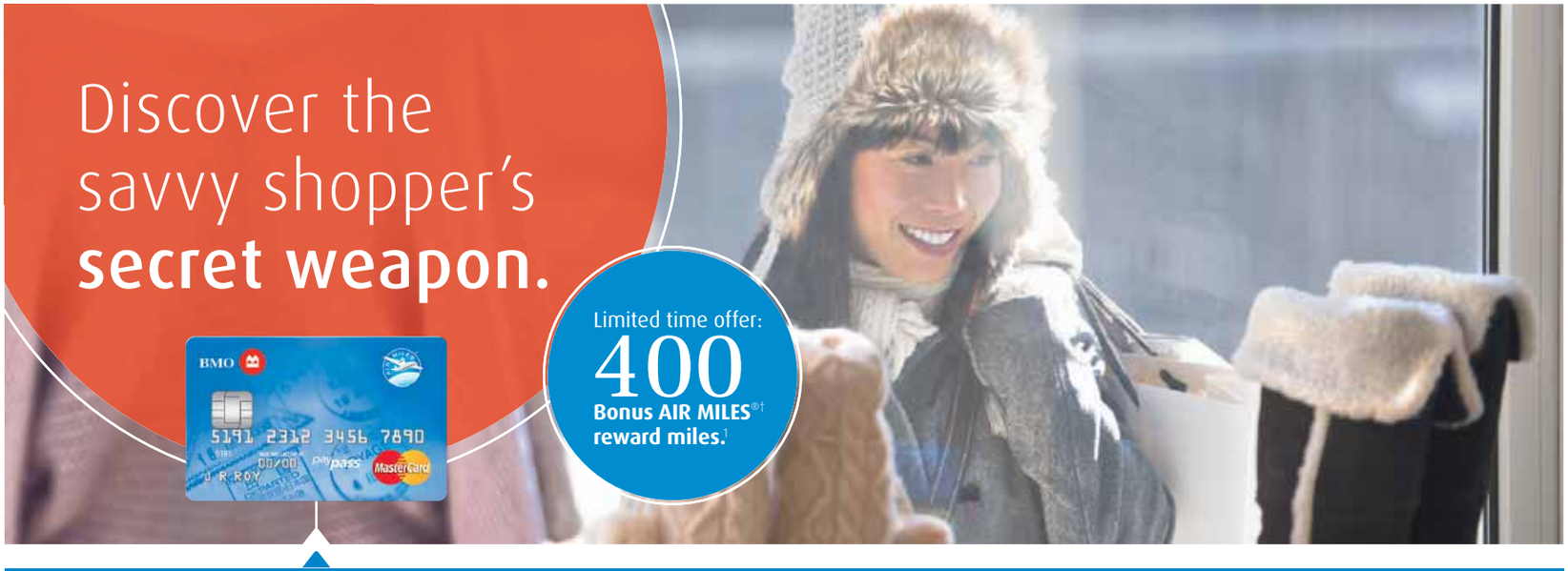
A few people have actually sent emails saying the messages had given them a smile.

TORSTAR NEWS SERVICE

## Crews clear dump-truck spill on 400

Emergency crews work to clean up a rolled over garbage truck on Highway 400 southbound at the Highway 401 west exit on Monday.

TARA WALTON/TORSTAR NEWS SERVICE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Head-on crash

## TTC bus driver charged following collision

A TTC bus driver has been charged with careless driving after a bus collided with a streetcar in the city's east end Saturday, according to Toronto police.

The head-on crash at Main Street and Danforth Avenue left four people, including the bus driver, with minor to moderate injuries. The collision occurred at 10:15 a.m. and the intersection remained closed into the afternoon.

Police said the driver has yet to appear before the courts. His name has not been released.

The crash came just days after the TTC said it was accelerating its review of its operator training program following the death of a 14-year-old girl who was hit and killed by a transit bus.

TORSTAR NEWS SERVICE

PAWS

## Local animal-rescue organization in urgent need of donations

PAWS, a no-kill animal rescue organization founded in Scarborough in 1973, has launched an emergency fundraising appeal.

Kimberly Heys, president of the volunteer-run registered charity, said it has only enough money to make it through to early next year.

"We're incredibly hard up," said Heys. "We have enough to get through January if we're lucky. Somehow we're going to have to manage."

PAWS (Peoples Animal Welfare Society), which has no paid staff, hasn't put out an emergency plea for donations since 2004.

But Heys said veterinary expenses for hundreds of animals rescued in spring 2013 from a property close to Huntsville have eaten up the charity's reserves.

More than 200 cats and kittens that congregated on the property, behind an industrial area, were removed after heavy rains and a winter thaw combined to create heavy floods that triggered a state of emergency.

Almost all of the animals have been spayed and neutered with the help of the Toronto Humane Society, which also has a policy of not euthanizing animals unless they are in distress.

The cats were adopted out with the help of other rescue groups, given to foster homes across the province, or re-released to the property if they were too wild to be adopted.

To make secure donations online to PAWS, visit the pawscanada.org.

TORSTAR NEWS SERVICE

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# Al-Jazeera journalists' fate uncertain as families cope with prison sentence

**Mohammed Fahmy.** Canadian-Egyptian journalist among those arrested and sentenced on what many view as trumped up charges

For a year, three Al-Jazeera English journalists have been locked up in Egypt on terrorism-related charges widely viewed as trumped up for political reasons.

Now, a possible thaw in tensions between Egypt, and Qatar — where Al-Jazeera is based and is funded — has raised a glimmer of hope that the three journalists may be able to resume their lives. A retrial, deportation or a pardon are all possibilities, but uncertainty prolongs the torment of the defendants, their families and other journalists.

"It is a very tough experience, not only on him but on his family," said Marwa Omara, the fiancee of Mohammed Fahmy, the Canadian-Egyptian journalist who was Al-Jazeera English's acting Cairo bureau chief.

Fahmy and Australian journalist Peter Greste were sentenced to seven years in prison in a trial that ended in June on charges of assisting the Muslim Brotherhood in a plot to destabilize Egypt. The team's Egyptian producer, Baher Mohammed, got 10 years — seven on the same charges and three more because he was found with a spent bullet casing he picked up as a souvenir, considered possession of ammunition.

Egypt's Court of Cassation begins hearing their appeal on Thursday. It takes place as Egypt and Qatar appear to be moving to resolve their bitter rivalry. The tension followed the military's ouster of Islamist President Mohammed Morsi in July 2013, and Qatar's support of the Brotherhood and his Islamist supporters.

Omara said the trial really targeted Al-Jazeera and Qatar, not the journalists, and so will be resolved politically. Fahmy "is a pawn in a cold war between Egypt and Qatar," she told The Associated Press.

The unprecedented arrest and prosecution on terrorism charges was part of an escalated crackdown on journalists in Egypt in general following Morsi's ouster. There are at least 12 other Egyptian journalists arrested since last year who are still behind bars, facing various charges including participating in protests or using violence.

The three Al-Jazeera journalists were detained in a Dec. 29, 2013 raid on the Cairo hotel room they were using as an office. The arrest came as the government was cracking down on Islamists following Morsi's ouster. Authorities accused Al-Jazeera of acting as a mouthpiece for Morsi's Brotherhood and threatening national security. The station denied the accusations and said the journalists were doing their job, covering protests by Morsi's supporters. In the subsequent trial, no evidence was put forward backing accusations the three falsified footage to foment unrest. Rights groups dismissed the trial as a sham. THE ASSOCIATED PRESS

In this Monday, March 31, 2014 file photo, Al-Jazeera English producer Baher Mohamed, left, Canadian-Egyptian acting Cairo bureau chief Mohammed Fahmy, centre, and correspondent Peter Greste, right, appear in court along with several other defendants during their trial on terror charges, in Cairo, Egypt. HEBA ELKHOLY/EL SHOROUK/THE ASSOCIATED PRESS

Politics

## *Families dragged into dispute*

The families of Mohammed Fahmy, Peter Greste and Baher Mohammed are accustomed to the risks of their jobs. But they never expected to be dragged into a bigger political dispute in a region roiled by a turbulent transition.

The arrest has thrown their lives into confusion. Omara and Fahmy had to put off their wedding, which had been scheduled four months after his arrest. Mohammed's wife, Jehane Rashed, delivered their third son while he was in prison. THE ASSOCIATED PRESS

# Mi'kmaq woman who 'carried the nation' dead at 86

A funeral will be held Tuesday for Caroline Marshall-Hobbs, left, who died on Christmas Eve at the age of 86 in Sydney, N.S. THE CANADIAN PRESS FILE

A funeral will be held Tuesday for a Mi'kmaq woman known as a source of strength for her community when her son was wrongfully imprisoned and First Nations struggled for aboriginal rights.

Caroline Marshall-Hobbs died on Christmas Eve at the age of 86 in Sydney, N.S.

She was the mother of the late Donald Marshall Jr., whose wrongful conviction as a 17-year-old, for a murder he didn't commit, brought scrutiny to Nova Scotia's justice system.

Cheryl Maloney, president of the Nova Scotia Aboriginal Women's Association, says Marshall-Hobbs will be remembered for her quiet strength during her son's 11-year incarceration and for the support she provided to her husband Donald Marshall Sr., who served as grand chief for almost three decades.

"She carried that dignity, that class through some of the most horrific times that a mother could imagine," she said. "Her and her husband, the grand chief, they carried the nation."

Maloney says Marshall-Hobbs assisted her husband as they lobbied for improved Mi'kmaq rights when funding for aboriginal groups was much lower.

"They led when we had nothing," she said.

As leaders in the community of Membertou, the Marshall family was often expected to provide food and assistance to the less fortunate. Maloney said it was a role that Marshall-Hobbs embraced, welcoming visitors from distant communities along with neighbours seeking help. THE CANADIAN PRESS

Leaving a legacy

**Caroline Marshall-Hobbs' obituary says she was recipient of the Membertou Citizen of the Year Award and the Atlantic Aboriginal Lifetime Achievement Award.**

- Her obituary also says she had 36 grandchildren, 43 great-grandchildren and two great-great-grandchildren.

British Columbia

## Six arrested after double-homicide

Six people have been charged with offences ranging from first-degree murder to manslaughter after a double homicide in British Columbia on Boxing Day.

Two men were found dead late Friday night in the community of Anahim Lake.

Officials identified the victims Monday as Matthew Hennigar, 23, and Kalvin Andy, 22. Police said Everett O'Reilly, 27, was charged with first-degree murder, while second-degree murder charges were laid against Christian Cracium, 28; Andrew Jongbloets, 25; Serena Rhem, 26. Lucille Mack, 33, and Stephen Mecham, 22, were each charged with manslaughter. THE CANADIAN PRESS

After Magnotta's verdict

## Murdered man's father says 'most of Canada' still good

The father of murdered Chinese student Jun Lin says he has been able to feel the compassion and kindness of Montrealers, despite not speaking English or French.

Diran Lin said people have recognized him on the street, with some coming up to embrace him.

"Some warm-hearted people just hugged me and wanted to comfort me," Lin said Monday, six days after a jury found his son's killer, Luka Rocco Magnotta, guilty of first-degree murder. "I will come back," he said. "To me, most of Canada is good, even though this happened to me." THE CANADIAN PRESS

Families' claim

## Ontario court dismisses wind turbine appeal

An Ontario court has dismissed a set of appeals from four families which sought to have provincial legislation related to the approvals of large-scale wind farms declared unconstitutional.

In a decision released on Monday, a panel of three Divisional Court judges ruled against the claims of the families who were concerned about the potential health effects of living as close as 500 metres to the turbines.

The families had argued that provincial legislation makes it impossible to scuttle a project on the basis of potential health impacts. THE CANADIAN PRESS

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Boko Haram

## Cameroon strikes at extremist group

Cameroon's government launched its first ever air strikes against Nigerian Islamic extremists to dislodge about 1,000 fighters who had seized a Cameroonian military base, a statement said Monday.

Fighters from Nigeria's homegrown Boko Haram extremist group attacked five villages in Cameroon, near its northern border with Nigeria, over three days before they overran the military base in the same area Sunday, the government said.

Boko Haram has been recruiting local fighters, as well as those from Niger and Chad. THE ASSOCIATED PRESS

Baby remains case

## Woman pleads not guilty to murder

A Massachusetts woman who lived in a squalid home where police said they found the skeletal remains of three babies pleaded not guilty Monday to two counts of murder.

Erika Murray, 31, spoke clearly as she was arraigned Monday on nine charges. Judge James Lemire ordered her held without bail. Her next court date is Feb. 4. The mother of seven children — four living, three deceased — originally had been charged with fetal death concealment. She had pleaded not guilty to the lower charge and has since been jailed on $1 million bail. THE ASSOCIATED PRESS

Mumbai terror attack

## Man's detention order suspended

A Pakistani court Monday suspended a detention order keeping the alleged planner of the Mumbai terror attacks in jail, possibly paving the way for his release, a government prosecutor said.

The development is the latest twist in the ongoing case of Zaki-ur-Rahman Lakhvi, one of seven men on trial in Pakistan in connection with the 2008 attack in the Indian city of Mumbai that killed 166 people. Lakhvi is still in prison, pending the posting of his bail money. The ruling came at a hearing in the capital of Islamabad, said prosecutor Jahanagir Jadoon. THE ASSOCIATED PRESS

# Missing jet's request to climb denied

**Flight 8501.** Pilot sought permission to increase altitude to avoid storm, rejected due to full airspace

AirAsia Flight 8501 sought permission to climb above threatening clouds. Air traffic control couldn't say yes immediately — there was no room.

Six other airliners were crowding the airspace, forcing the plane to remain at a lower altitude.

Minutes later, the jet carrying 162 people was gone from the radar without ever issuing a distress signal. The plane is believed to have crashed into Indonesia's Java Sea, but broad aerial surveys on Monday turned up no firm evidence of the missing Airbus A320-200.

Searchers spotted two oily patches and floating objects in separate locations, but no one knew whether any of it was related to the plane that vanished Sunday halfway into what should have been a two-hour hop from Surabaya, Indonesia, to Singapore. Officials saw little reason to believe the flight met anything but a grim fate.

Based on the plane's last known co-ordinates, it likely crashed into the water and "is at the bottom of the sea," Indonesia search-and-rescue chief Henry Bambang Soelistyo said. THE ASSOCIATED PRESS

**Last communications**

**Air Asia Flight 8501 was last seen on radar four minutes after final communications.**

- **Request denied.** Prior to the plane's final transmission, a pilot asked to increase its altitude from 9,754 to 11, 582 metres to help navigate around a storm.

## Six dead, more than 20 hurt in Bangladesh train accident

People gather after a truck rammed into a passenger train in Dhaka, Bangladesh, on Monday. Six people were killed and more than 20 others were injured in the accident, according to local reports. SUVRA KANTI DAS/THE ASSOCIATED PRESS

## Police shooting. Two men open fire on L.A. officers

Two men opened fire on a police car patrol in Los Angeles but the two officers inside were not injured as one returned fire and a suspect was arrested, authorities said Monday.

The shooting occurred amid heightened tensions over attacks on police elsewhere in the U.S. after grand juries decided against indicting officers in the killings of unarmed black men.

The killing of two New York City officers in their patrol car has departments on edge across the country. THE ASSOCIATED PRESS

## Police graduation. N.Y.C. mayor jeered at ceremony

New York City Mayor Bill de Blasio was booed at a police graduation ceremony amid heavy tension between him and rank-and-file police.

Police union leaders have accused de Blasio of helping fostering an anti-NYPD atmosphere amid protests over the chokehold death of an unarmed black man at the hands of an officer. They say the mayor's handling of the situation contributed to the killings of two officers earlier this month. THE ASSOCIATED PRESS

# Greek ferry fire leaves 10 dead, 'jungle law' prevails

Antreas Tolaros, left, rescued from the fire-struck ferry Norman Atlantic greets a relative after arriving at Elefsina Air Base outside Athens on Monday. About 43 passengers from the Norman Atlantic arrived in the Greek capital as the death toll climbed to 10. THANASSIS STAVRAKIS/THE ASSOCIATED PRESS

There were no fire alarms at first, no knocks on the door from the crew, just thick, acrid smoke filling cabins and waking passengers on the overnight ferry from Greece to Italy.

In the ensuing chaos, passengers sought safety from the flames on deck, only to be doused by cold rain and water hoses as their feet burned from the fire's heat below.

Pushing and shoving broke out, and passengers came to blows over coveted slots on lifeboats and helicopter baskets.

"Everyone there was trampling on each other to get onto the helicopter," Greek truck driver Christos Perlis told The Associated Press by telephone from one of the rescue vessels summoned after the Italian-flagged ferry caught fire off Albania early Sunday.

"The jungle law prevailed," said Greek passenger Irene Varsioti. "There was no queue or order. No respect was shown for children."

When rescue helicopters arrived, Perlis said, passengers began to clamber for position.

"First children, then women and then men. But the men, they started hitting us so they could get on first. They didn't take into consideration the women or the children, nothing," said Perlis.

Italian and Greek helicopter rescue crews Monday evacuated the last of the known survivors aboard the vessel, bringing the number rescued to 427.

The death toll has increased to 10 as the search for survivors continued despite discrepancies in the ship's manifest which lists 478 names. Italian officials believe these include reservations, not the actual number of passengers who boarded. THE ASSOCIATED PRESS

Foreign Affairs

## *Canadian rescued*

A Canadian was among hundreds saved in a dramatic sea rescue after a fire broke out on a ferry travelling between Greece and Italy. The Foreign Affairs Department confirmed a Canadian was aboard the Norman Atlantic Sunday and has now been rescued. THE CANADIAN PRESS

# Meat labelling. Canada gets tough with U.S.

Canada's agriculture minister says time is running short for the U.S. to avoid trade tariffs over its discriminatory meat-labelling laws.

Gerry Ritz said if Washington doesn't change its country of origin labelling laws to comply with World Trade Organization rulings in the coming months, Canada will apply as early as the summer to impose retaliatory tariffs on a long list of U.S. goods including beef, orange juice and wine.

"The clock is ticking and the American administration knows it," Ritz said in an interview.

Last month, the United States filed its final appeal of a WTO ruling that found its meat labelling laws, known as COOL, discriminate against Canadian beef and pork exports. COOL rules require all packaged meat to identify where the animal was born, raised and slaughtered.

Supporters of the law say it better informs U.S. consumers, but opponents argue that segregating animals and tracking them adds costs and violates free-trade agreements.

Agriculture Minister Gerry Ritz.
THE CANADIAN PRESS

The federal government estimates the policy costs Canada's pork and beef industries more than $1 billion a year.

Ritz said Canada expects a ruling by the WTO on the U.S. appeal by the middle of 2015. If Washington loses again and fails to act, Canada will seek permission from the trade organization to hit back.

THE CANADIAN PRESS

# Don't like Messenger? Too bad. More like it coming

Like it or not, Facebook wants to occupy several spots on your smartphone's home screen.

Annoyed that you had to download a separate app, Facebook Messenger, to chat with your friends and family on the world's most popular social network? Too bad.

Facebook has no intention of reversing that contentious move. In fact, it plans to move more features from its main mobile app into separate apps in 2015.

"We released nine different apps in 2014 and I think what you'll see is we'll release more in 2015 — at the demand and behest of our users," says Jordan Banks, the managing director of Facebook Canada and the global head of vertical strategy.

"(Users) want single apps that do one thing incredibly well.

"So one of the reasons we took Messenger out of the (Facebook) app and gave it its own standalone app is because that's what our users were telling us. They didn't want to click two or three times before they got into Messenger."

While Banks insists he's only heard good feedback, forcing users to download a separate app for Facebook Messenger stirred a loud chorus of complaints. On the Apple App Store, there are more one-star reviews panning Facebook's move than rave ratings.

THE CANADIAN PRESS

**Quoted**

**"We're getting away from that single app that does everything for you."**

Jordan Banks, managing director of Facebook Canada

**Market Minute**

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**TSX** 14,663.92 (+ 54.67)

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**GOLD** $1,181.90 US (- $13.40)

**Natural gas:** 3.189 (+18.2)
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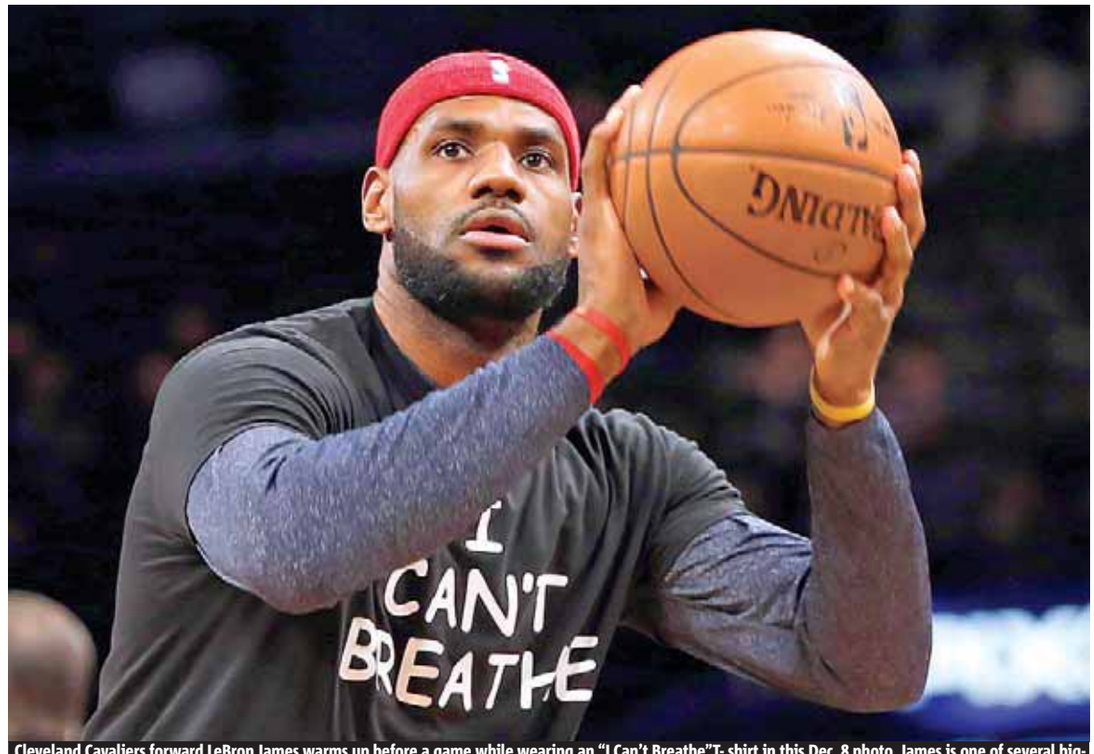


Cleveland Cavaliers forward LeBron James warms up before a game while wearing an "I Can't Breathe"T- shirt in this Dec. 8 photo. James is one of several big-name athletes involved in protest movements, suggesting that a social conscience no longer makes a sports star less marketable. THE ASSOCIATED PRESS FILE

# Pitchman and protester can co-exist, star athletes prove

**Taking the lead.** Derrick Rose and LeBron James show athletes can speak out on social issues while remaining marketable

As his team warmed up for a Dec. 6 game, Chicago Bulls star Derrick Rose took to the court in a black T-shirt emblazoned with the phrase "I Can't Breathe."

Those words were the final ones uttered by Eric Garner as a New York City police officer climbed atop his back and applied a chokehold that killed the 43-year-old father of six.

The videotaped confrontation ignited intense debate over racism and police brutality, and when a grand jury declined to indict the officer in Garner's death, the decision prompted a wave of protests in the U.S.

They eventually reached the NBA, where Rose quietly wore the shirt before a game against Golden State.

If Rose, who is Adidas' highest-paid NBA star, thought his statement would jeopardize an endorsement portfolio worth a reported $19 million US annually, he didn't appear concerned.

Neither did NBA legend and big-money pitchman LeBron James, who helped organize players to wear "I Can't Breathe" T-shirts two nights later.

Since then, the trend has spread to other NBA teams, to NCAA sports, and to the NFL, where Cleveland Browns receiver Andrew Hawkins appeared pre-game in a T-shirt demanding justice for police shooting victims Tamir Rice and John Crawford.

The gestures have observers calling 2014 the Year of the Activist Athlete, but James' $53 million annual endorsement income shows we're also still in the age of the athlete-brand ambassador.

We once thought those two identities mutually exclusive, but none of the players wearing "I Can't Breathe" T-shirts has been fined, nor have they lost sponsors.

With Rose and James taking the lead, the last month has shown that pitchman and protester can co-exist within the same athlete, and that a social conscience doesn't make a sports star less marketable.

"Their (personal) brands are solidified and certified," says John Carlos, Olympic bronze medalist and social activist. "Who's going to run away from LeBron James? Why would (sponsors) shy away from these young athletes expressing that they are a part of society? The first amendment gives them the right to be able to express themselves."

TORSTAR NEWS SERVICE

A Gmail mobile app, centre left, on a smartphone in Beijing Monday.
ANDY WONG/THE ASSOCIATED PRESS

# Chinese access to Gmail blocked

Chinese access to Google Inc.'s email service has been blocked amid government efforts to limit or possibly ban access to the U.S. company's services, which are popular among Chinese who seek to avoid government monitoring.

Data from Google's Transparency Report show online traffic from China to Gmail fell precipitously on Friday and dropped to nearly zero on Saturday, although there was a tiny pickup on Monday.

Earl Zmijewski, vice-president of data analytics at U.S.-based Internet analysis firm Dyn Research, said his tests showed that China's government had blocked Google IP addresses in Hong Kong used by people on the mainland to access Gmail services.

Web access in China to Gmail has been blocked since June, according to Greatfire.org, a China-based advocacy group for Internet freedom, but users had been able to access the mail service through mobile apps or third-party email software such as Microsoft Outlook and Apple Mail until the current block.

THE ASSOCIATED PRESS

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VOICES

# THE OUTSIDER

Toronto transplant Angela Mullins shares her perspective on what sticks out to her about this city and a few ways to make it better

ANGELA MULLINS
Metro in Toronto

It's hard to know what to expect when you pack up your life and plop it into the middle of Toronto.

Hogtown, The Big Smoke, T-Dot … call it whatever you like, it's an intimidating place from the outside looking in. There are big buildings, lots of people and, in general, lots (and lots and lots) of everything.

Many challenges of being a newbie in Canada's biggest city are like the challenges of being a newbie anywhere else — you can't find the spice aisle at the grocery store or, for that matter, you can't find the grocery store.

Other challenges are entirely different, mostly because they're magnified by a hundred, just like everything else in Toronto.

You feel great when you figure out how to get from Point A to Point B. Then you realize there are 100 other ways to get there, and yours is the most inefficient. You give yourself a pat on the back after finding a bank branch blocks away from your apartment. Then you realize there's one a hundred feet from your front door.

All in all, my 44 days here have been a gigantic lesson in a lot of things and a chance to turn a fresh eye on the city you think you know so well.

These three things stand out most:

**1). Where the *%#@ am I?** I know the CN Tower's south, Bloor Street is north and Spadina is west.

I've spent countless hours staring at maps to fully understand the lay of the land between my east-end apartment, my downtown office and the rest of the world.

But, when I climb out of a subway station in a new part of town — which for me is pretty much anywhere outside Yonge south of Bloor — it all goes to hell.

North could be west, south could be east and up could be left for all I know. (For the record, I'm told this also happens to people who've lived here longer than a minute.)

My suggested solution: Way-finding info at every (note the every, as in ALL) subway exits.

It could be as simple as a sign telling you what street you've emerged on, what direction you're facing and what's nearby. Or, it could be as elaborate as the bronze compasses with street names embedded in some New York City sidewalks.

**2). One for all.** I'm pretty sure I know why Toronto is so divided. It's because there's nothing that connects us all.

It's really all a bit chicken-and-eggish, but the solution could be simple.

Every neighbourhood should be inundated with information about neat things to check out in other neighbourhoods, even if they are a whopping 20-minute streetcar ride away.

Maybe it's a Tourism Toronto initiative. Maybe all the neighbourhood associations should get together and hatch a plan. Or, maybe the TTC (possibly the institution that knows most about what's where) could play a role.

I don't know whose lap it falls into but, fact of the matter is, I'm a heck of a lot less likely to go see something if I don't know it exists.

**3). Share the love.** Careful, now. This may shock you:

Toronto has a bit of an image problem elsewhere in the country.

The city is broadly painted as a pushy, rushed, self-obsessed place where you're just as likely to get trampled as you are to get overlooked.

I'll admit, I used to think that. I pictured your average Torontonian as a crazed rush-hour commuter willing to sacrifice life and limb to beat the third chime. Those people do exist and (back to that magnification by a hundred factor) there are a lot of them.

In reality though, Toronto is just like every other place in Canada — a city with a lot to offer, a lot of problems to solve and a lot of people who are just plain nice.

Remember that the next time you venture outside the city. Hold the door for someone in Arva, Ont., or help someone shovel a driveway in Hadashville, Man.

Then, mention you're from the centre of the universe. Or, maybe just say "Toronto." We wouldn't want to give them the wrong impression.

*Angela Mullins is the assignment editor at Metro Toronto. She has lived in small-ish towns all over Eastern Canada and the United States, and recently moved to Toronto from London, Ont.*

We asked you:

# What's one thing that would make Toronto a better place to live in?

### Ali Dajani, 27

*(Moved here three years ago from the Middle East)*

The No. 1 priority for me is public transit. A large population every day uses the TTC and the way it operates now is horrible. It takes an awful lot of time to travel from one place to another in the city, and the service is so congested.

### Heejung Kim, 26

*(Moved here eight years ago from South Korea)*

There needs to be a way to increase the cultural exchange among people in Toronto. I studied here and now work here, but I still feel the need to know more about Toronto's multicultural diversity and learn from different groups of people who live in the city.

### Adam Kahgee, 33

*(Moved here 10 years ago from Southampton, Ont.)*

More affordable housing is the key. A lot of people in Toronto struggle so much and because of the economic impact, they can't afford to buy a house in a neighbourhood of their choice. Affordable housing can help people live better and have better access to jobs.

### Allan Toda, 23

*(Moved here four years ago from B.C.)*

This city can get a lot cleaner. I live along Yonge Street and there's just too much dirt around all the time. The city planners should figure out a way to make different neighbourhoods clean and take care of the garbage and all the dirty stuff.

### Aaron Lai, 33

*(Moved here five years ago from Vancouver)*

Toronto should find a way to make traffic move faster. There are a lot of places in the city where you just can't go without a car. Traffic in Toronto has gotten worse in the last three to four years for reasons that I don't know.

COMPILED BY GILBERT NGABO/METRO

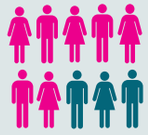
**Who lives in Toronto?**

- About half of all Torontonians were born outside of Canada.
- More than 30% of Torontonians speak a language other than English.

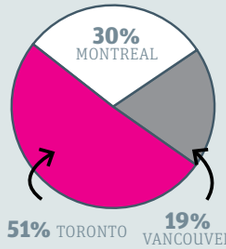
SOURCE: CITY OF TORONTO

**Destination cities**

70 PER CENT OF IMMIGRANTS SETTLE IN TORONTO, MONTREAL OR VANCOUVER



HALF OF THOSE 70 PER CENT MAKE TORONTO THEIR HOME




SOURCE: CANADA FAQ

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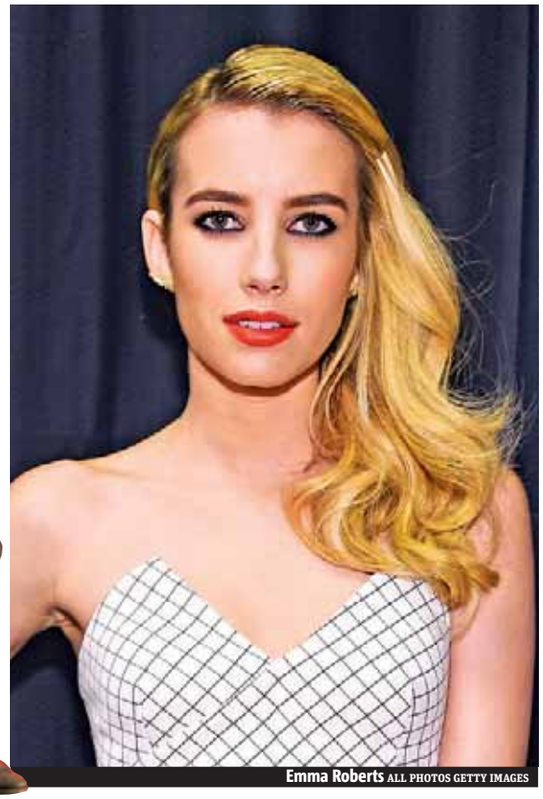
Ah, January 2014. Were we ever so young? As the year draws to a close, we're taking a look back at what all those helpful anonymous Hollywood sources told us regarding the matrimonial plans of the rich and famous. How did those sources' predictions pan out? Well, hope still springs eternal, even if some relationships proved to be pretty temporary.

Gossip

NED EHRBAR

METRO'S TAKE ON THE WORLD OF CELEBRITIES



Emma Roberts ALL PHOTOS GETTY IMAGES

## Evan Peters and Emma Roberts

American Horror Story co-stars Evan Peters and Emma Roberts followed up a headline-grabbing hotel room fight in Montreal late last year that left Peters bruised with news that they are planning to get engaged. Kids these days.

So, a year on, how are things going? Appropriately volatile, considering the couple in question.

Although they both professed to be enjoying being engaged in May, they reportedly got physical with each other again with a massive fight at Comic-Con in July.

And earlier this month, more talk of strife and chaos from the American Horror Story set, with sources telling OK! Magazine that the cast is fed up with the couple's constant ping-ponging between public make-out sessions and screaming matches.

Honestly, this one is up in the air.

## Robin Wright and Ben Foster

Robin Wright kicked off 2014 with a Golden Globe win and an announcement that she was engaged to longtime boyfriend Ben Foster, whom she met while filming Rampart in 2011. The couple called off their engagement — and their relationship — in November. Conflicting schedules and a 14-year age difference were the culprits, according to Us Weekly. "The gap just ended up being too much," a source says. "Ben was kind of immature. She couldn't deal with him anymore."

Robin Wright and Ben Foster

## Johnny Depp and Amber Heard

Johnny Depp left a 14-year marriage-free relationship with Vanessa Paradis and basically turned around and proposed to girlfriend Amber Heard, whom he'd been dating for about a year. But things might not be going so well, as the couple has been plagued by breakup rumours leading into the holidays. At the same time, other sources have been predicting a New Year's Eve wedding. We'll know if that one's true soon enough.

## Christina Aguilera and Matt Rutler

Christina Aguilera broke her engagement news herself, revealing on Twitter that longtime boyfriend Matt Rutler popped the question on Valentine's Day. The couple first met while he worked as a production assistant on her film Burlesque. So, how are things going? Well, while they haven't found time for a big, fancy wedding, the couple did welcome their first child, a daughter, in August. And Aguilera will be back as a judge on The Voice.

Matt Rutler and Christina Aguilera

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# Niagara best of both worlds for Urban and Kidman

**Concert.** Australian power couple tours the Falls as he performs in a New Year's Eve event broadcast on Global

Keith Urban GETTY IMAGES

A gig used to be Keith Urban's New Year's Eve tradition, until he married Nicole Kidman.

"Since I've been married I haven't worked on New Year's Eve," he says. "I think I worked most of the time on New Year's Eve before I was married."

Urban, 47, will be fusing his traditions this year by both performing in Niagara Falls and spending time with his wife and family, who will make the trip with him.

**You grew up on the other side of the world; did the Falls interest you?**
Yeah. I've been there a couple times — it's magnificent. It's a pretty magical place.

**How was celebrating New Year's different at home?**
One of the great things growing up in Australia is, of course, it's summer down there, and New Year's Eve is always an outdoor thing. Specifically Sydney, where I've experienced many New Years, and the fireworks on the water are spectacular.

**Are you familiar with any of the other artists?**
We love Jealous, the new Nick Jonas single. Like, totally love that song. I think my wife turned me onto that one.

**American Idol is returning soon, and you're judging again with Jennifer Lopez and Harry Connick, Jr. It must be nice to have some stability there?**
Very. It's much easier to get that groove on and have it be consistent. I really love working with Harry and Jen at the desk. We come at it from different places and yet there's really good synergy.

**Do you miss Randy Jackson?**
Yeah. I talk to him occasionally and email him and keep up with where he is.

THE CANADIAN PRESS

**Niagara New Year's**

Keith Urban is performing in Niagara Falls as part of ET Canada's New Year's Eve, on Global, along with Nick Jonas, electro-pop songwriter Lights and Vine sensation Shawn Mendes.

Thom Yorke gets angry for his second solo album, Metric gets dark for Christmas and a Black Sabbath tribute band gets chummy with McDonald's

**SOUND CHECK**
Alan Cross
scene@metronews.ca

## You Wouldn't Like Me When I'm Angry/ Thom Yorke

Thom became the artist with the most legal downloads on BitTorrent last year. Now his second solo album, Tomorrow's Modern Boxes, is available on Bandcamp. This is a free download.

## The Fatal Gift/ Metric

It's been about 2-1/2 years since Metric released Synthetica, so it's encouraging to see that they're back in the studio. They describe this new track as a "dark Christmas carol."

## Pair-a-Buns/ Mac Sabbath

At some point, you've probably wondered what would happen if you crossed a Black Sabbath tribute band with McDonald's characters. The result is Mac Sabbath, with Ronald as Ozzy, Grimace as Tony Iommi, Geezer as Mayor McCheese and Bill as the Hamburglar.

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1094 Victoria Park Ave.
Etobicoke
2456 Lakeshore Blvd W
30A Rexdale Blvd
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1379 Lawrence Ave W
Scarborough
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1911 Kennedy Rd
2667 Eglinton Ave E, Unit 1
4352 Kingston Rd, Unit 7B
900 Progress Ave
Kingspoint Plaza
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# The women ruled in 2014

The past year confirmed something that's been increasingly clear for a while now: When it comes to pop music, the ladies are killing it. Sure, the men put in a good showing, but when you turn on the radio (or browse through a music streaming service), you're going to hear a lot of females. Here are the women who rocked the pop music world this year

LISA WEIDENFELD AND EMILY LAURENCE
scene@metronews.ca

ALL PHOTOS GETTY IMAGES

## Beyoncé

Technically, her album came out in December 2013, but it was one of the biggest hits of 2014, giving us all a chance to say "surfbort" to each other and worship at the throne of Queen B. Plus, her new cover of her own Crazy in Love turned the 50 Shades of Grey trailer into something genuinely steamy.

## Ariana Grande

It was impossible to escape this pint-sized popstar this year. Her album My Everything generated three top tracks: Problem (featuring Iggy Azalea), Break Free (featuring Zedd) and Love Me Harder (featuring The Weeknd). Grande by far proved that her Nickelodeon days are forever behind her.

## Taylor Swift

Taylor Swift's reign continued this year with the mega success of her first strictly pop album, 1989. It debuted at number one on the Billboard charts and her Shake It Off video is one of the most-watched of the year, with more than 356 million views. Her album, plus a massive stadium tour and endorsements, helped the 22-year-old earn a cool $57 million this year.

## Miranda Lambert

Being honoured as CMT's artist of the year wasn't the only accolade Miranda Lambert racked up in 2014. She is also nominated for four Grammys. If she wins, it will be her first time taking one home since 2010. But don't call it a country comeback — her fans have long been supportive of Mrs. Blake Shelton.

## Lorde

Eighteen-year-old Lorde went from singer to producer this year, by curating The Hunger Games: Mockingjay — Part 1 soundtrack. Including artists such as CHVRCHES and The Chemical Brothers, as well as releasing her own song Flicker Beat, got her respect from critics and teen fans alike.

## Tove Lo

Sometimes, singing about sex clubs and getting high can pay off. It did for Swedish singer Tove Lo, who broke it big in the States this year with her song, Habits (Stay High), which reached No. 3 on the Billboard charts.

## Charli XCX

The Dec. 14 SNL musical guest has been around for a few years, penning 2012's megahit I Love It for Icona Pop. But this year saw her break through on her own, with Boom Clap on the Fault in Our Stars soundtrack — a must-have for bookish teens everywhere.

## Iggy Azalea

The Florida-by-way-of-Australia rapper had one of the biggest breakthrough years in memory, teaming up with Charli XCX for Fancy and Ariana Grande for Problem. She also claimed a piece of history: She's the only act other than the Beatles to have her first two Billboard hits rank 1 and 2.

## Nicki Minaj

If you've gotten Anaconda out of your head even once since you first heard it, we'd be surprised. Minaj scored another huge hit with this track, as well as garnering tons of hits for the sexy/funny music video co-starring Drake. The video set a Vevo record for the most views in its first 24 hours online, with 19.6 million hits.

## St. Vincent

Singer St. Vincent has come a long way from her time as a member of the Polyphonic Spree. After her much-loved team-up with David Byrne in 2012, she came back with 2014's eponymously titled St. Vincent, perhaps her biggest success yet. The album ended up with a Grammy nomination for Best Alternative Music Album.

## Five guys who also had pretty good years

The year wasn't all Beyoncé and Iggy Azalea songs. Women may have dominated the music scene, but a few good men had their share of success, too. Here are the top five:

**Childish Gambino**
What started as a cult following transformed into mass appeal this year for rapper (and Community actor) Childish Gambino, who got a Grammy nod for his song, 3005.

**Nick Jonas**
This was the year Nick Jonas officially became a man — at least in the public's eye. Unlike brother Joe Jonas (whose solo career flopped) Nick is garnering success with his hit Jealous, which reached No. 8 on Billboard and generated 14 million views on YouTube.

**Pharrell**
If Happy seems like the most-played song of the year, it was. It held the top spot on the charts longer than any other song this year. No wonder he's up for four Grammys.

Sam Smith GETTY IMAGES

**Sam Smith**
Sam Smith was another of 2014's newly minted stars, with his heartbreaker Stay With Me filling the Adele-shaped hole in our hearts (for now). Just how successful is he? He popped up in pictures from Taylor Swift's 25th birthday party alongside Jay Z, Beyoncé, and the rest of Swift's posse.

**Ed Sheeran**
The British crooner can do no wrong these days. 2014 saw him release both Sing and Thinking Out Loud, as well as contributing to the Fault in Our Stars soundtrack and winning an MTV Video Music Award for the video for Sing. METRO

# A look at 2014's food trends

What we eat took on major significance this year as food's role in health and environmental sustainability hit the headlines. Here we digest 2014's trends with New York University food studies associate professor Lisa Sasson.

EVA KIS
Metro in New York City

## Kale sells out

We ate ourselves into not one but two shortages this year, and kale is primed to stay hot. "I think we're going to see more uses for kale — people are going to go to frozen kale and have it all year round, and maybe more ways to incorporate kale in the diet." Look for other cruciferous vegetables, especially cauliflower, to get their turn in the superfood spotlight.

## Gluten is not the enemy

No, you haven't been secretly allergic to gluten all your life. "Certain people definitely have a disease where they need to avoid gluten, but it's become a fad without scientific basis," she says. "If you don't eat bread and you don't eat cookies or cake anymore, and you find you feel better and you actually lost weight, it's not the gluten — it's because you've eliminated from your diet what may have been the culprit of weight gain."

## Coconuts were everywhere

The tropical fruit that has gone so long being used solely as a vessel for fruity frozen drinks had a breakout year. Its oil does double duty as a healthy cooking alternative and moisturizer, its water is supercharged with nutrients, and its sap has been distilled into the hot, new sweetener (just remember that sugar is still sugar). No other food worked as hard in 2014.

## Butter might not be terrible for you. Maybe.

The New York Times reopened the conversation about butter, but its reputation hasn't been entirely redeemed. Sasson recommends continuing to use it sparingly. "It's when everything you consume is swimming in butter and you eat a lot of other animal fats that it can be unhealthy."

ALL PHOTOS ISTOCK

## Eating for millions: Gut health

Researchers are linking more and more health issues to an imbalance in gut bacteria, from mood disorders to obesity. To keep your microbiome thriving, Sasson advises getting your probiotics from naturally fermented products like cultured milk, sauerkraut and kimchi instead of supplements. "You can get a lot of really healthy bacteria from food."

## Detoxing got hotter than ever — and it's still a myth

"That word is so loaded, it sounds so 'Wow,'" says Sasson, dismissing cleanses as ridiculous. "There is no research to back them, and if anything they can be harmful because some people can eat unhealthily for a few days and think it's OK because they can detox." You're better off getting enough fibre than starving yourself on a juice cleanse.

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# My business back-and-forth has gone bad

OFFICE SPACE
Eleni Deacon
life@metronews.ca

**Dear Metro,**
**My office's internal instant messaging system is supposed to be for work, but obviously we all use it for fun as well. Mostly it's just light chitchat throughout the day, but lately a co-worker has been using chat to gripe about our company president. I hadn't taken much notice until another colleague reminded me that human resources can monitor our IMs. Now I'm completely freaked out! How can I do damage control?**
**— I've Said Too Much**

Dear ISTM,
It may feel like your office chat box is a rectangle built for two, but it's not. An easy rule of thumb when communicating over any workplace platform: assume — always — that your boss it watching.

You can't change chats-of-the-past. If HR tracks your trash-talk, you may face discipline — especially if you typed some vitriol of your own.

Going forward, clean up your wassups. Tell your colleague to save his complaints for your afternoon walk to Tim Hortons, and keep your comments professional.

This doesn't mean you can't make inside jokes with your colleagues — just don't make jokes about the people who could get you fired.

Inappropriate chats are one of those you-should-know-better blunders. Mind your IMs or you might be saying TTYL to your job.

**Dear Metro,**
**I'm suffering from some serious 2014 burnout, so my New Year's resolution is to relax professionally. I still want to get ahead, but I also want start to taking breaks, going home at a reasonable hour, and delegating work that I don't need to be doing myself. Basically, my resolution is to loosen up on my resolve. Any tips?**
**— Year of Me**

If you fear a workplace chat has taken a turn for the insulting, make immediate plans to curb your banter. ISTOCK

Dear YOM,
Good for you. When you're the work-every-weekend type, it's not easy to lift your eyes off your email and acknowledge that change is necessary. Recognizing that you have few boundaries is the first step to setting them.

Don't expect instant cruise vibes: if you're accustomed to 100-km/h workdays, you may need a gradual slowdown. Rather than slamming on the brakes, start with shorter, high-quality breaks — this will refresh your mind without leaving you frantic.

And accept that delegating can be a learned skill. Avoid getting hung up on nitpicky details that weren't done to your exact liking.

Instead, find a way to communicate your needs — then accept (and appreciate) the results that you get.

Finding a better work-life balance is a worthy resolution for a new year.

But it is a year-long — and often career-long — project. Don't fret if you initially struggle to let go. You've got enough to worry about at work. Try not to worry about relaxing.

**Sip 'n' slur**

**Tell your colleague to save his complaints for your afternoon walk to Tim Hortons, and keep your comments professional.**

# How to network when you're between jobs

**Career.** Fill your time wisely while you're waiting to work

VICKI SALEMI
Metro in New York City

Most of us have been unemployed at some point for one reason or another. It's normal for self-esteem to plummet when you're between jobs. Maybe there were budget cuts and your position was abruptly eliminated. Whatever the situation, there are a variety of ways to keep marketing yourself when you've left a job but don't have a new one lined up.

**LinkedIn**
Update your LinkedIn profile to highlight your skills but do not feel the urge to update your title to "consultant" or "professional seeking full-time work." Recruiting is a lot like dating, and although you want to get the word out, employers want to know you're a hot commodity. Changing your title to something generic equates to sitting on the bench waiting to be asked to dance, even when you have lots to offer.

**Positive pastimes**

**During an interview six months from now, a hiring manager will ask how you spent your time.**

- Marketing is important, but so is taking care of yourself. Surround yourself with positive people, read books about success and stay physically and mentally healthy. While branding tools are effective, another two are equally important: your smile and demeanor.

**Business cards**
Even if you don't have a job, you are still out there making connections. Get simple cards created as a way to easily give out your contact information. You don't have to break the bank but ensure they include the essentials: your name, email, phone number and Twitter handle (if you have a professional feed).

Do you have a mission statement or a portfolio website? Feel free to include those as well. If you're in finance, going for a conservative black and white card is prudent. But if you work in a creative field like graphics, feel free to include a sample design on the back. It's an easy way to stand out from the crowd, especially when your contact finds your card weeks later.

**Online presence**
Are you active on Twitter? Do you have a blog? Post pictures to Instagram? If you nodded yes to all of the above, keep going. And if you're just getting started, become more active. Keep up with industry trends and become an expert by demonstrating an active voice online.

Try to stay positive while between jobs by reading books about success and keeping healthy. ISTOCK

# A healthy spin on your three-piece sandwich

**Theresa's tips**

## *How a food fanatic trims the fat*

**NUTRI-BITES**
Theresa Albert
DHN, RNCP
myfriendinfood.com

I am often asked how, as a food writer and recipe developer, I can travel, eat, drink and keep my girlish figure.

Here is my secret: I cheat. When I am on the road, I enjoy everything that is put in front of me but I only take a few bites. I say yes to everything and figure out a way to balance that when it is within my control. When travelling, I do maintain my exercise regime and travel with a skipping rope. (Yep, you hate me if you are in the hotel room below but only for five minutes each day.)

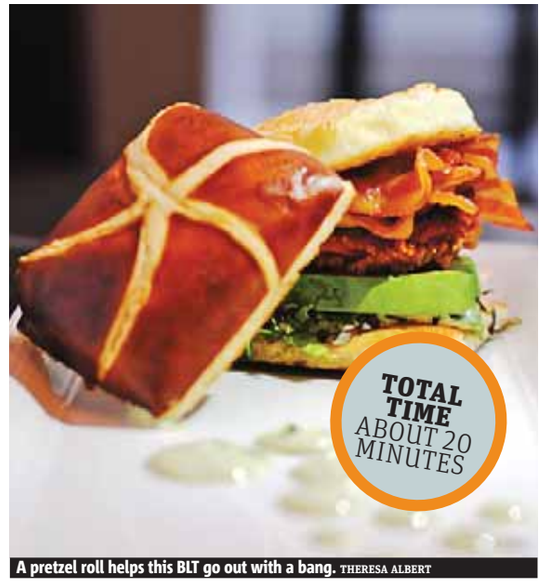
At home it is a different story:

- I am mostly vegetarian when meals are in my control.
- I choose fish and chicken over red meat.
- I choose to bake or grill.
- I adapt all recipes from chefs to remove fat/deep frying.
- I almost never eat bread (unless it is fresh/homemade or worth it).
- I add chia to most meals to increase fibre and stay full.

Of course my weight fluctuates by two or three pounds but it has remained somewhat stable since my 20s. Pretty simple really. Enjoy the things life has to offer, but not with reckless abandon, and don't eat crap.

## **BLT with Green Goddess cream.** Two slight switches make this savoury sandwich tasty and guilt-free

On a recent trip to Chicago, Dan McGee from Swissotel shared this recipe with me after I tried the deconstructed BLT. The secret is in the Green Goddess cream, which can also be used as a salad dressing or dip. The original had deep fried tomatoes as well as full-fat mayo and sour cream. Simple adjustments made this a little lighter at home and two easy changes saved 50 calories.
Makes 4 sandwiches.




A pretzel roll helps this BLT go out with a bang. THERESA ALBERT

**Ingredients**

**Green Goddess cream**
- 2 each anchovies, minced
- 1 tbsp parsley, chopped
- 1 each green onion, minced
- 1 1/2 tsp tarragon, minced
- 3/4 cup mayonnaise, low fat
- 1/4 cup sour cream, low fat
- 1 tbsp white vinegar
- 2 tbsp chives, chopped
- 1 1/2 tsp lemon juice
- Salt and pepper, to taste

**Sandwich**
- 1 tbsp grapeseed oil
- 4 eggs
- 1 beef steak tomato, thickly sliced into 4 slices
- 4 each pretzel rolls, sliced 1/2-inch, toasted
- 1 avocado, sliced into four thick slices
- 8 slices crispy cooked bacon strips
- Mixed greens, thinly shredded

**1.** Blend Green Goddess cream ingredients together in a blender until fully incorporated. Set aside in fridge.

**2.** Heat a skillet (preferably cast iron) over medium high heat and add grapeseed oil. Cook eggs sunny side up and set aside. Fry tomatoes for 20 seconds on each side.

**3.** Toast the pretzel roll and spread a thin layer of Green Goddess Cream on each side of the rolls. Top each with tomato and egg.

**4.** Place on each sandwich a slice of avocado, two slices of bacon and top with greens.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND TORONTO PERSONAL NUTRITIONIST. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

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# Canada passes Finnish test with flying colours

**World juniors.** Forward Reinhart scores two as Canada stays undefeated with win over foe from a year ago

Sam Reinhart scored two goals and his linemate Anthony Duclair had another as Canada stayed perfect at the world junior championship with a 4-1 win over Finland at Bell Centre in Montreal on Monday night.

Curtis Lazar also scored and Max Domi had a pair of assists for Canada (3-0-0), which ends group stage play with a showdown against the United States (2-0-1) for first place on Wednesday.

Montreal Canadiens prospect Artturi Lehkonen scored for Finland (0-2-1), which must beat Germany on Wednesday to advance to the quarterfinals. The Finns have scored only once in each game and are 0-for-13 on the power play in the tournament.

Canada, which outshot Finland 36-28, lost 5-1 to Finland in the semifinals of last year's world juniors in Malmo, Sweden.

Canada got the opening goal 5:32 into the game when Reinhart fed Shea Theodore at the point and then tapped his rebound past Juuse Saros.

The crowd roared for a penalty when Julius Honka tied up Domi for a moment in a corner. But when they got up, Domi slipped a cross-ice pass to Duclair, whose pass in front was defected over Saros by Reinhart for his second of the game and the tournament.

The Finns got one back when Samuel Morin misplayed a puck in his zone. Lehkonen jumped on it and banged his own rebound past Zach Fucale with 1:34 left in the second frame. It was the first goal allowed by Canada, which has outscored its opponents 16-1.

Domi took the puck hard to the net and Duclair was on the doorstep to lift in his rebound 11:15 into the third frame.

Saros dropped a Josh Morrissey point shot and Lazar poked in the loose puck on a power play at 14:25 to make it 4-1.

It was a strong game for Fucale, who made a big stop on a Roope Hintz breakaway in the first minute and a handful more big saves. Saros was just as good in the other net, and got a break when Domi hit a post from the slot in the middle period.

The open flow of the game was a surprise as the Finns went on the attack after falling behind early. There was a stretch of more than five minutes without a whistle in the first period, that featured big scoring chances at both ends.

THE CANADIAN PRESS

Canada's Connor McDavid sprays Finland goalie Juuse Saros with ice during Monday night's world junior group stage game in Montreal. Newmarket's McDavid's lone points in the tournament so far were the goal and two assists he scored in Saturday's 4-0 win over Germany. MINAS PANAGIOTAKIS/GETTY IMAGES

**Group A**

| Canada | Finland |
|---|---|
| 4 | 1 |

**In Toronto**

## *Leafs picks duel at ACC*

Maple Leafs draft pick Rinat Valiev has done some fine work for Team Russia in the world junior championships, but its safe to say he's not quite as popular as a certain blond-haired Toronto pick from Sweden.

That would be first rounder William Nylander, who has been hyped — justifiably for the most part — while Valiev continues to play a solid, shut down defence for his native Russia.

It was Nylander, with two assists, including a dish on the game winner in the third, who helped Sweden to a 3-2 win over Valiev's Russian squad on Monday at the Air Canada Centre.

TORSTAR NEWS SERVICE

Maple Leafs first rounder William Nylander has scored two goals and two assists to help Sweden jump out to a 3-0-0 start in Toronto. TORSTAR NEWS SERVICE

**Canada's favourites**

## Golden hockey squad is team of '14

The men's Olympic hockey team is the Canadian Press team of the year.

The squad that steamrolled through the Sochi Olympics on the way to gold was the overwhelming choice by editors and broadcasters across the country.

Going undefeated through the tournament, Mike Babcock's group lived up to and surpassed the expectations created after the 2010 Vancouver Olympics, where Canada also captured the gold. THE CANADIAN PRESS

# No lead safe as Leafs go 0-2 in Florida

Steven Stamkos scored his 20th goal to break a third-period tie, and the Tampa Bay Lightning rallied from an early two-goal deficit to beat the Toronto Maple Leafs 3-2 on Monday night.

Stamkos gave the Lightning a 3-2 lead with his knee-high deflection of Matt Carle's shot with 8:55 to play. Tampa Bay also got goals from Ryan Callahan and Valtteri Filppula.

Mike Santorelli and Joffrey Lupul scored for the Maple Leafs, who gave up four third-period goals in a 6-4 loss Sunday at Florida. James Reimer, who started on consecutive days with Jonathan Bernier sidelined by flu-like symptoms, made 38 saves.

Toronto has lost five of six.

THE ASSOCIATED PRESS

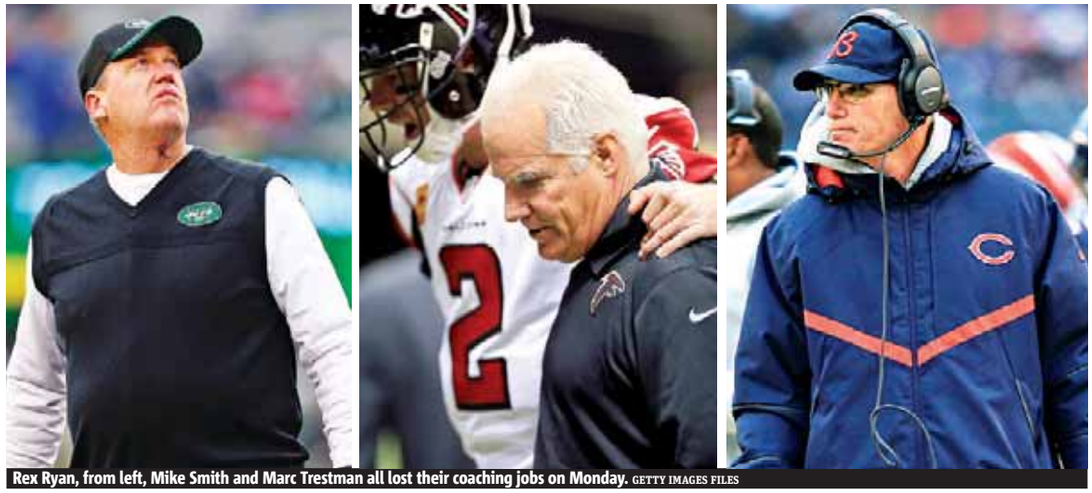
**On Monday**

| Lightning | Maple Leafs |
|---|---|
| 3 | 2 |

Lightning forward Ryan Callahan celebrates after scoring on Leafs goalie James Reimer on Monday night in Tampa, Fla. CHRIS O'MEARA/THE ASSOCIATED PRESS

# Black Monday hits across the U.S.

**NFL.** New York, Chicago and Atlanta, join San Francisco and Oakland looking for coaching talent after latest round of firings



Rex Ryan, from left, Mike Smith and Marc Trestman all lost their coaching jobs on Monday. GETTY IMAGES FILES

OK, it is done.

Rex Ryan and John Idzik are out with the Jets. The Bears canned Marc Trestman and Phil Emery. Mike Smith was fired in Atlanta.

Throw in the two coaching openings in the Bay Area, and there's plenty of searching ahead for team owners in New York, Chicago, Atlanta, San Francisco and Oakland.

What should they look for? Who might fit the bill?

**NEW YORK JETS**

Two years after hiring Idzik, owner Woody Johnson fired him, in great part because the talent level has fallen so precipitously in the GM's short regime.

New York needs to solve its quarterback woes first. It should seek a head coach or offensive co-ordinator who has a history of success grooming QBs. And it should get a GM with experience in the job who can deal with a flighty owner.

**ATLANTA FALCONS**

They need drastic improvement on defence, supposedly Smith's strength.

For now, look for Atlanta to grab someone a bit more fiery who can mend the defence.

Did someone say Rex Ryan? Probably not.

**CHICAGO BEARS**

Emery's commitment to quarterback Jay Cutler for seven years put the team on the hook for $54 million US guaranteed ($36 million remaining) and has become an albatross for the organization.

The new coach, same as the old coach, had better be a QB guru, one who rules with more of an iron fist than Trestman.

**OAKLAND RAIDERS**

Raiders owner Mark Davis would like to make a splash, and was enamoured of the idea of persuading Jim Harbaugh to cross the Bay. With that looking unlikely, look for Davis to go after a well-known coach who could get personnel control.

Should he keep GM Reggie McKenzie, Davis might even turn to the fiery Ryan to inspire a dispassionate bunch.

**SAN FRANCISCO 49ERS**

For continuity, the Niners could opt for promoting popular line coach Jim Tomsula, a loyal soldier.

And, sorry to sound like a broken record, but whoever takes over must reverse the regression of the quarterback, Colin Kaepernick.

**'Major' announcement**

**Former San Francisco 49ers coach Jim Harbaugh has signed a deal to become the new coach at Michigan, a person with knowledge of the discussions told The Associated Press on Monday. Harbaugh did not return calls or text messages, but not long after arriving at the Detroit Metropolitan Airport on Monday night, Michigan scheduled a Tuesday news conference for a "major" football announcement.**

**Lions**

## Suh suspended for stepping on Rodgers' leg

Detroit defensive tackle Ndamukong Suh has been suspended for this Sunday's wild-card playoff game against Dallas for a violation of safety-related playing rules against Green Bay in the season finale.

The league announced Monday that Suh was suspended for stepping on Packers quarterback Aaron Rodgers' left leg twice.

THE ASSOCIATED PRESS

**Bills**

## Orton decides to 'call it a day' after 10 years playing

Quarterback Kyle Orton told the Buffalo Bills Monday that he plans to retire.

The Bills announced Orton's decision a day after the 10-year journeyman led Buffalo (9-7) to a season-ending 17-9 win at New England.

"I've decided to get home and be a dad and call it a day," Orton said, in a statement released by the team. THE ASSOCIATED PRESS

## NBA. Marc Gasol finally outshines his brother

Marc Gasol is averaging 20.2 points, 8.2 rebounds, 3.7 assists and 1.6 blocks in 34.9 minutes per game with the Memphis Grizzlies this season. THE ASSOCIATED PRESS

At seven-foot-one, Marc Gasol isn't a little anything.

He's surely not playing like Pau's little brother.

For the first time since the Gasols have been in the NBA it's the younger one putting up the better numbers, and that's a big reason why the Memphis Grizzlies have been one of the league's pleasant surprises this season. After never averaging even 15 points per game, Marc Gasol is averaging 20.2 through his first 30 games of the 2014-15 campaign.

Pau Gasol, by the way, isn't exactly slouching, averaging 17.8 points so far this season with the Chicago Bulls.

But it's little bro with the better average.

"I really dislike the word 'scorer'," Marc Gasol said after the Grizzlies won in Miami on Saturday night. "I don't think you're a scorer. I think (if) you're looking and you're more aggressive … more on-the-go mode, your teammates look for you more."

He says he doesn't see a big difference in his game this year.

Maybe he should look at those numbers again.

He's scored at least 22 points in four consecutive games, the first time that's happened in his NBA career. He's scored at least 20 points in 17 of Memphis' first 30 games, after doing it only eight times in 59 regular-season games a year ago. He's shooting just over 50 per cent, averaging nearly four assists, and getting to the foul line more than ever.

"What the game gives you," Marc Gasol said, "you've got to take it."

Right now, it seems like the game is giving him plenty.

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ADVERTISING ADVERTISING

# Free E-Cigarette Kits Given to New Years Resolutionaries

**180 Smoke - Toronto retailer of e-cigarettes and vapor products announced a giveaway of free rechargeable kits to anyone visiting the store and willing to dump their last pack of tobacco cigarettes at their store (Jan 5 - 12)**

Following the success of a similar giveaway during the store's grand opening in June 2014 ,180 Smoke is giving away free e-cigarette kits to help Torontonians with their New Year's resolutions to turn their smoking 180°.

"We're expecting $20,000 worth of rechargeable electronic cigarette kits to be given away to smokers, and believe this is a turning point in traditional smoking and a great incentive for anyone committed to tobacco harm reduction" said Dr. Gopal Bhatnagar, co-founder of 180 Smoke. Bhatnagar added "The giveaway is our way of assuring smokers that they have nothing to lose except their last pack of cigarettes."

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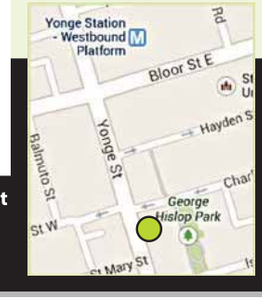


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# Lallana lifts Reds over Swansea

Liverpool's Adam Lallana celebrates after scoring his first of two goals against Swansea City at Anfield on Monday. CLIVE BRUNSKILL/GETTY IMAGES

**Premier League.**

## Midfielder's brace in 4-1 victory gives Liverpool rare bright spot in a trying season

Adam Lallana netted twice as Liverpool founds its scoring form to beat Swansea 4-1 Monday for its biggest Premier League home victory of the season.

After Alberto Moreno put Liverpool ahead in the 33rd minute, Lallana's first goal came with a bit of luck as Swansea goalkeeper Lukasz Fabianski hit a clearance straight at the midfielder, and the ball bounced off his shoulder and looped into the net to make it 2-0 in the 51st.

Gylfi Sigurdsson replied for Swansea just a minute later, but Lallana restored the two-goal cushion by going around two defenders and slotting a low shot in the 61st.

Jonjo Shelvey headed in an own-goal in the 69th, giving Liverpool four goals in a game for the first time this season. Brendan Rodgers' team had scored just nine goals in as many home Premier League matches this season as they struggled to replace Luis Suarez and the injured Daniel Sturridge.

Liverpool climbed above Swansea into eighth, with both on 28 points — five outside the top four Champions League spots. And Rodgers may have found an effective system going into the new year, as he once again played without a recognized striker. Lallana partnered Raheem Sterling and Philippe Coutinho in a front free, with Mario Balotelli again on the bench. Captain Steven Gerrard was also rested.

THE ASSOCIATED PRESS

MLB

## Royals, Volquez ink two-year deal

The Royals announced Monday the signing of right-hander Edinson Volquez to a $20-million US, two-year contract that includes a mutual option for the 2017 season.

Coming off one of the best seasons of his career with Pittsburgh, Volquez fills the Royals' last big hole by taking James Shields' spot in the rotation. Shields became a free agent and it was unlikely the Royals would be able to keep him.

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→ See the full instructions on Metro's Voices page.

## Horoscopes by Sally Brompton

### ♈ Aries
**March 21 - April 20**
Whatever happens today you must look at it as an opportunity. While others are getting emotional about it you should be evaluating the situation carefully.

### ♉ Taurus
**April 21 - May 21**
Taurus people tend to be lucky with cash and investments. If you get the chance, go into partnership with someone who complements your style.

### ♊ Gemini
**May 22 - June 21**
What happens over the next 24 hours will reassure you that everything is fine. In fact, by next weekend you will realize you have been worrying for no good reason.

### ♋ Cancer
**June 22 - July 23**
Try not to get obsessive about something that is clearly unattainable or you could face problems come Thursday.

### ♌ Leo
**July 24 - Aug. 23**
If you find yourself being nudged in a new direction over the next few days don't resist. Anything and everything is possible for you now.

### ♍ Virgo
**Aug. 24 - Sept. 23**
You will be in an outgoing mood today but watch out your passion for life does not get the better of you and you do something that you may later regret.

### ♎ Libra
**Sept. 24 - Oct. 23**
It may be a bit quiet for your tastes at the moment but don't worry because things will speed up and heat up considerably towards the end of the week.

### ♏ Scorpio
**Oct. 24 - Nov. 22**
Your luck is good at the moment and today's Mercury-Jupiter link will bring good news concerning your career. Do not take anything for granted.

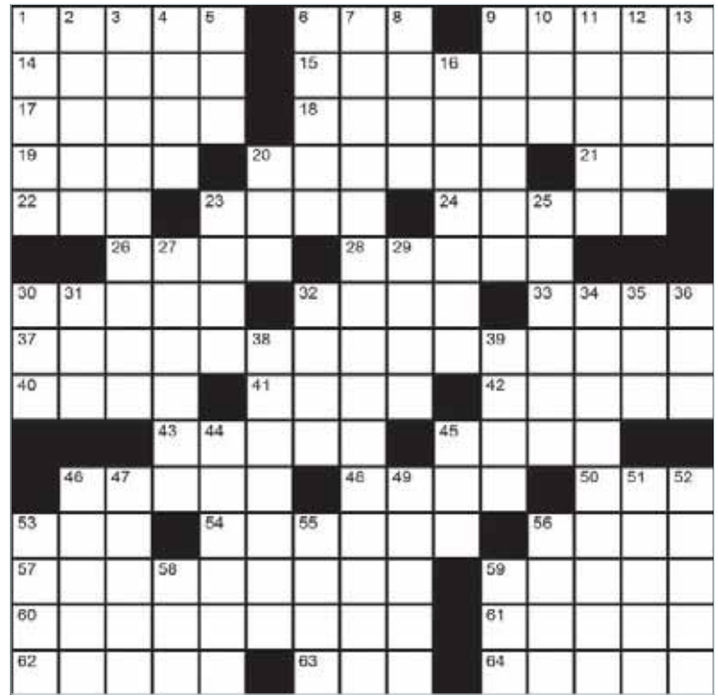
### ♐ Sagittarius
**Nov. 23 - Dec. 21**
With so many things going right for you now you can afford to smile, and come the end of the week you will be laughing out loud.

### ♑ Capricorn
**Dec. 22 - Jan. 20**
You can sense that something extraordinary is about to happen and you are right, it is. Throw off your Capricorn caution and push yourself beyond your limits.

### ♒ Aquarius
**Jan. 21 - Feb. 19**
There have been times of late when it seemed as if Lady Luck has deserted you but don't despair because better days are coming.

### ♓ Pisces
**Feb. 20 - March 20**
It's not your way to be overtly ambitious but an event has inspired you and you are determined to make something good of it.

## Crossword: Canada Across and Down by Kelly Ann Buchanan



**Across**

1. Wheel-steadying wedge
6. Three: Italian
9. On __ _ _ (In secrecy)
14. Suzette's morning serving?
15. Montreal-born suffragist, one of 'The Famous Five' of Canada, __ Muir Edwards (b.1849 - d.1931)
17. Rosie's prop
18. Free spirited
19. Certain charge card, commonly
20. Least wet
21. Booming times
22. Impair
23. Hic, __, hoc
24. Prongs
26. Ouch! __ one's toe
28. Actress Tea
30. Bagpipes sound
32. 'Dino' suffix
33. "For shame!" sounds
37. Maggie Gyllenhaal's miniseries airing on CBC this past Fall 2014, "The __ __"
40. Spaghetti sauce brand
41. "The Producers" (2005) role
42. Q. "Is Taurus' symbol _ __?" A. "Yes."
43. Adhesive
45. Mr. Kinnear
46. Storage structures
48. Nickname for Canada's largest city, _-__
50. Car fuel
53. Fr. holy woman
54. Contrition
56. Actress Jessica
57. Fajita needs
59. "He's _ __ Nowhere Man..." - The Beatles
60. "Comfortably Numb" band: 2 wds.
61. Left-hand page
62. Mr. Speedman
63. Cattle disease, commonly
64. City of Germany

**Down**

1. "Leave!"
2. __ ballerina
3. __ Rapids (Watery wonder in New Brunswick)
4. Highest point
5. Comprehend
6. That locale
7. Eco-friendly fast food beverage carriers: 2 wds.
8. 'Exist' suffix
9. The Adventures of __ (Belgian comic)
10. __ up (Riled)
11. "The _! __ Hollywood Story"
12. Medicine cabinet items
13. Tie accessories
16. Fix the old work of art
20. Tap on
23. Web streamer of TV programs
25. __ Memorial Garden (University of British Columbia's traditional Japanese garden)
27. Performance group
29. __ Varner, Lee Remick's role in "The Long, Hot Summer" (1958)
30. Stock unit [abbr.]
31. Tree of Hawaii
32. Fries seasoning
34. The __: "To Serve, Protect and Entertain" band from Vancouver
35. Mr. Penn
36. NBC's sketch show, commonly
38. Mr. Crowe
39. Tip to 'hog' (Wild swine)
44. Undirected
45. Incurred
46. Stone-faced
47. "Tell __ __" by The Zombies
49. Since, in Spanish
51. Put down
52. Hairstyling headquarters
53. Fuel additives at Indy
55. Dollop
56. Aren'ts antonyms
58. Concert-goer's purchase, briefly
59. "5th __. Girl" (1939)

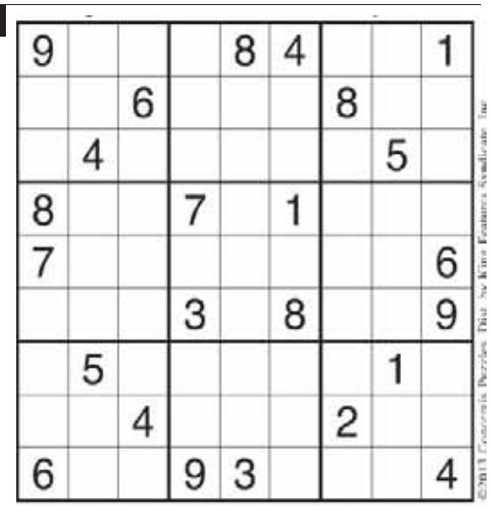
## Yesterday's Crossword

## Online

See today's answers at metronews.ca/answers

## Conceptis Sudoku by Dave Green

**How to play**
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



## Yesterday's Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | 5 | 3 | 1 | 7 | 9 | 8 | 2 | 6 |
| 9 | 6 | 1 | 4 | 8 | 2 | 7 | 5 | 3 |
| 7 | 8 | 2 | 5 | 6 | 3 | 4 | 9 | 1 |
| 3 | 1 | 8 | 2 | 9 | 6 | 5 | 7 | 4 |
| 6 | 7 | 5 | 8 | 1 | 4 | 9 | 3 | 2 |
| 2 | 9 | 4 | 7 | 3 | 5 | 1 | 6 | 8 |
| 8 | 2 | 7 | 6 | 5 | 1 | 3 | 4 | 9 |
| 1 | 4 | 9 | 3 | 2 | 7 | 6 | 8 | 5 |
| 5 | 3 | 6 | 9 | 4 | 8 | 2 | 1 | 7 |

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